



P'ayakentsut Kids Ski Tournament and Ski Cross Frequently Asked Questions

What supervision will there be for my child participating in the Kids' Events?

The Ski Tournament is designed for children aged 5 - 9. There will be 2 supervising adults per team of 9-12 kids in the Ski Tournament. Children 5 years of age or with special needs require that there is an adult/guardian accessible nearby throughout the event. You know your child best; please stay with your child if you feel they would be more comfortable with your support.

The Skier Cross there will have 2 adults per team of 12 - 15.

If you are interested in helping out making this an exciting event for the kids, please sign up online at <http://www.payak.ca/volunteers>.

Will my child be in a group with his/her friends?

Children will be divided into teams alongside skiers from both their own home clubs and other clubs. This event offers the opportunity for kids to meet new ski friends.

Where will the kids' events be taking place?

The kids' Ski Tournament will be taking place adjacent to the Day Lodge in the base area by the Nordic Ski Jump. The Ski Cross will take place at the Biathlon Stadium.

What time and where does my child need to arrive for the Kids Events?

If your child is registered for the P'ayak Ski Tournament they can be dropped off as early as **9:30 a.m.** and no later than **10:00 a.m.** at the DAY LODGE. Same goes for the Ski Cross event at the Biathlon Stadium.

What time and where do I pick up my child after the events?

For the Ski Tournament, we will be providing details on when to pick up your children at the event. When picking up your children, please check in with the team leader so that they can mark your child as being picked up. The Ski Tournament awards ceremony will be held near the **DAY LODGE** between **2:00 and 2:30 p.m.** Please see the team leader before leaving with your child.

The Ski Cross awards ceremony will be held at the Biathlon Stadium and will be over at 2:00. Please arrange with your kids where you would like to meet when done.

Is there an awards ceremony for the kids? Is it separate from the adult event awards?

Yes, there are separate awards ceremonies for both the Ski Tournament (at the Day Lodge) and for the Ski Cross (Biathlon Stadium). It is separate from the adult event ceremonies.

Does my child need to pack a snack and lunch?

A snack and lunch will be provided. Lunch will consist of hotdogs, cookies, fresh fruit and juice and the snack will include an energy bar and juice.

Please note: children with specialized diets (e.g. vegetarian, food allergies) will need to bring some extra lunch.

What equipment and clothing does my child need for the day?

Please dress your children in layers so that they are prepared to be outdoors for 4 hours (lunch will be served outside). Children will be able to go into the Day Lodge to use the bathroom or warm up if necessary.

The Ski Tournament (aged 5-9) is classic style. Poles if they have them.

The Ski Cross (aged 10 - 13) will need both skate and classic skis and poles if they have them. Skate skis will be available for those who do not have their own.

Please label all clothing and equipment clearly for your child.