



RACE NOTICE

Sigge's P'ayakentsut Cross Country Ski Event

Saturday February 23rd, 2013

DATE: Saturday, February 23, 2013.

RACE LOCATION: Whistler Olympic Park, Callaghan Valley, Whistler, BC.

Whistler Olympic Park, the site of the Vancouver 2010 Winter Olympic Games, is located just 16 kilometres southwest of Whistler, 50 kilometres north of Squamish and 115 kilometres north of Vancouver in beautiful British Columbia, Canada. Access to the event site is on fully-paved roads and there is adequate on-site parking. Full

location information: www.whistlerolympicpark.com.

Snow tires (not all-season) – or chains - are required north of Squamish in winter conditions. You may be turned around at Alice Lake if there is heavy snow and you

do not have winter tires.

HOST CLUB: Callaghan Valley Cross Country Ski Club (www.callaghanxcski.ca).

Sigge's P'ayakentsut is organized by Callaghan Valley Cross Country Ski Club with

the active support of members of the following ski clubs:

Nordic Racers – VancouverHollyburn Cross Country Ski Club

Whistler Nordic Ski ClubSpud Valley Nordic Club

www.nordicracers.bc.ca www.hollyburnxc.ca

www.whistlernordics.com www.spudvalleynordics.ca

RULES: Cross Country Canada (CCC).

START TIME: 10.00 am. Loppets start in waves five minutes apart.

RACE OFFICIALS: Technical Delegate Sharon Clarke

Chief of Race: Dirk Rohde 604-942-6410 dirk@payak.ca

Race Secretary: Nicola Kilfoy 604-962-1290 nordicnicola@gmail.com

Chief of Timing: Elizabeth Hardy
Chief of Course: Bert Ionson
Chief of Stadium: David Kirk

LICENSE: No license is required.

ENTRY: Skiers must register and pay online at https://zone4.ca/register.asp?id=2865

Pre-registration rate Monday Dec 31st 2012 @ 2359. Early bird rates close Thursday Jan 31st 2013 @ 2359.











ENTRY DEADLINE: Wednesday, February 20th 2013 @ 2100. Absolutely no late entries accepted.

CATEGORIES: Please note that ages are as of **December 31, 2012**.

Event	Description	Approximate Distance	Categories	Start Time	Age Awards	Registration Fee ^*
P'ayak 50	Loppet (Classic & Skate)	50 km	Open	10:00	5 year age categories	\$50 pre \$60 early, then \$75
P'ayak 30	Loppet (Classic & Skate)	30 km	Open	10:05	5 year age categories	\$45 pre \$55 early , then \$70
P'ayak 15	Loppet (Classic & Skate)	15 km	Open	10:10	5 year age categories	\$40 pre \$50 early, then \$65
P'ayak Sit Ski	Loppet (Classic)	10 km	Open	10:15		\$35 pre \$45 early,
P'ayak Youth 15	Loppet (Classic & Skate)	15 km	13-17	10:10	13-17	\$25 pre \$35 early , then \$50
P'ayak Youth Skier Cross	See below for details	2 km	10-13	10:00	n/a	\$10 early , then \$25
P'ayak Kids Tournament	See below for details	n/a	5-9	10:00	n/a	\$10 early , then \$25

[^] Pre rates in effect until Dec 31st, 2012, EB until Jan 31st, 2013. Para-Nordic Standing receive \$15 discount.

All skiers who register by Dec 31st will be eligible for draw prizes.

P'ayak Youth Skier Cross and P'ayak Kids Tournament

- An exciting & comprehensive day of ski-related activities for youngsters aged 5 to 13 yrs.
- Ski Cross event for children 10-13 yrs.
- Mad Dash sprints for children 5-9 years.
- Team Relays in fun formats: Le Mans, Three legged, Chariot, Scooter, Hounds and Hares.
- Lots of snacks, hot food and drinks.

TRAIL PASSES: Included in race entry fee.

COURSE MAPS: See: www.payak.ca/course for course maps and profiles. Courses subject to change.

SNOW & WEATHER: See: www.whistlerolympicpark.com/weather/forecast

BIB PICK UP: Bibs can be picked up on Saturday, February 23rd, 8:00 – 9:30 am in the Race Office

in the Technical Building, next to the Stadium area.







^{*} Skiers will only be timed for the event & distance for which they have registered. If that distance is not completed, the skier will be considered as not having finished. Start times are subject to change & will be listed in the start list.

The Fischer Primes event will provide the fastest male and female up the hill climb on the second lap out of the stadium in the 30 and 50 K distances with \$250 cold hard cash!





START LISTS: We recommend that you check Zone4 confirmation list for this event to be sure you

have registered correctly. Start lists will be available from the Race Office on the day

of the event and posted online on Zone4 on Friday, February 22nd.

FOOD / WATER: For races of 15 km or more, there will be feed stations. Please see course maps.

There will be a feed station in the stadium area, as well as on course.

CUT-OFF TIME: All skiers not reaching the 25 kilometre point in the 50 kilometre event after 2.5 hours

will not be allowed to continue.

RESULTS: Unofficial results will be posted outside the Race Office after the race. After the event,

results will be available to review on Zone4.

AWARDS: Awards will be presented on venue at the conclusion of the races.

DRIVING TIMES: Whistler to WOP 30 minutes

Squamish to WOP 60 minutes Vancouver to WOP 120 minutes

These times are estimates only and may change due to weather and road or traffic conditions. Please allow at least 15 minutes to be processed through the entry gate.

PARKING: Please park in the designated lots as directed upon arrival.

FACILITIES: For general venue facilities, see: www.whistlerolympicpark.com/about/facilities

WAXING: A limited number of electrical outlets are available outside the Technical Building for

waxing irons. Wax trailer rentals are available for \$22 per day and must be prebooked. Contact Whistler Olympic Park at 604-964-0060 or 1-877-764-2455 for

further details or to book.

ACCOMMODATION: Squamish Lodging

EXECUTIVE SUITES GARIBALDI SPRINGS RESORT (Preferred P'ayak Lodging)

• www.executivesuitesgaribaldi.com

Please ask for the 'Callaghan Valley' rate when booking

Whistler Lodging

ATHLETE'S VILLAGE: Whistler Athlete's Center Lodge

1-604-964-0041

lodge@whistlersportlegacies.com

HOSTELLING INTERNATIONAL: Whistler Canadian Hostel:

• 1-866-762-4122

www.hihostels.ca/westerncanada/331/HI-Whistler.hostel

TOURIST INFO: www.whistlerchamber.com

www.tourismwhistler.com www.squamishchamber.com www.tourismsquamish.com









TITLE SPONSOR

Sigge's – British Columbia's leading supplier of cross country ski equipment and clothing.



http://www.sigges.com

FIRST GOLD SPONSOR

Salomon – manufacturer and distributor of cross country ski equipment and other sporting goods.



http://www.salomon.com

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Nesters – where the locals shop!



http://www.nestersmarket.com

Buff – the original multifunctional headwear; the most versatile head and neckwear on the planet.



http://www.buyabuff.com









FIRST SILVER SPONSOR & PRIME SPONSOR

Fischer – development, production, marketing and distribution of first-class skiing equipment.



http://www.fischerskis.com

SILVER SPONSOR

Swix – manufacturer and distributor of waxes and cross-country equipment.



http://www.swixsport.com

Cliff Bar – leading maker of nutritious, all natural & organic food and drinks. *Donating energy bars for athletes.*



http://www.cliffbar.com

Q Energy – the healthy drink. Quercetin *energy*, Vitamins *health*, Electrolytes *performance*.



http://www.qenergydrink.com









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Icebreaker – merino wool from New Zealand: nature; better than plastic.



http://www.icebreaker.com

Scandinave Spa – an authentic spa experience in natural and urban environments



http://www.scandinave.com

Whistler Cooks Catering – the largest off site corporate and social caterer in the Sea-to-Sky region. *Providing tasty volunteer lunches, hot dogs and treats for the children's event and finish line for food for the racers.*



http://www.whistlercooks.com

Sauce Headwear – hot toppings for cold weather . . . Because there's fun in function!



http://www.sauceheadwear.com

See our other great **SPONSORS** here:

http://www.payak.ca/partners/











PARTNERS

Executive Suites Garibaldi Springs Resort

Preferred accommodation in Squamish



www.executivesuitesgaribaldi.com

Cross Country BC

Event sanctioning body BC

www.crosscountrybc.ca

Cross Country Canada

National sport sanctioning body - Canada

www.cccski.com

Whistler Olympic Park

Event venue host

www.whistlerolympicpark.com

Whistler Athlete Centre

Event venue host

www.whistlerolympicpark.com

Whistler 2010 Sport Legacies

Managing 3 Olympic venues whilst inspiring and delivering sports excellence

www.whistler2010sportlegacies.com

Tourism Whistler

Non profit organization marketing and selling Whistler to the world, as the year-round mountain resort of choice.

www.whistler.com





