



RACE NOTICE

Coast Outdoors P'ayakentsut Cross Country Ski Event

Saturday, February 25, 2023

- DATE:** Saturday, February 25, 2023 – Live Event
- February 18 to 24 and February 26 to March 12, 2023 – Virtual Challenge and Paw'yak (any location) – See payak.ca for details and registration for both events.
- RACE LOCATION:** Whistler Olympic Park, Callaghan Valley, Whistler, BC.
- Whistler Olympic Park, the site of the Vancouver 2010 Winter Olympic Games, is located 16 kilometers southwest of Whistler, 50 kilometers north of Squamish and 115 kilometers north of Vancouver in beautiful British Columbia, Canada. Access to the event site is on fully-paved roads and there is on-site parking. Carpooling is encouraged. Full location information: www.whistlerolympicpark.com.
- Snow tires (not all-season) or chains are required north of Squamish in winter conditions. You may be turned around at Alice Lake if there is heavy snow and you do not have winter tires.
- HOST CLUB:** Callaghan Valley Cross Country (www.callaghanxcski.ca)
- Coast Outdoors' P'ayakentsut is organized by Callaghan Valley Cross Country with the active support of members of the following ski clubs:
- Nordic Racers – Vancouver www.nordicracers.bc.ca
 - Hollyburn Cross Country Ski Club www.hollyburnxc.ca
 - Whistler Nordic Ski Club www.whistlernordics.com
 - Spud Valley Nordic Club www.spudvalleynordics.ca
 - Sea to Sky Nordics <http://seatoskynordics.ca>
- RULES:** Nordiq Canada
- START TIME:** 10:00 am. Loppet starts in waves – 50K, 25K, 15K, approx. 20 minutes apart and the Payak Mini starts at 12:45 pm. Sit ski 10 K starts at 10:45 am (check the schedule on next page and at <http://www.payak.ca/race-day-schedule/>)





RACE OFFICIALS:

Technical Delegate	TBD	
Chief of Race:	Chuck Beebe	vinosource@yahoo.com
Assistant C of R:	Sherryl Yeager	sherryl@callaghanxcski.ca
Race Secretary:	Wayne Adare	secretary@payak.ca
Chief of Timing:	Stephane Deseau	
Chief of Course:	Theresa Oswald	
Chief of Stadium:	Michael Lim	

LICENSE: No license is required.

ENTRY: Skiers must register and pay online on Zone4

Fees increase: December 31, 2022 at midnight prices go up \$10
January 31, 2023 at midnight prices go up \$15
Change Fees: \$10 to January 31, 2023 at midnight, after that \$15 - plus any increase in posted price for category.

NO CHANGES ALLOWED after February 22, 2023.

ENTRY DEADLINE: February 22, 2023: midnight PST. Absolutely no late entries accepted!



CATEGORIES: Please note that age categories are age as of **December 31, 2022**.

Event	Description	Approximate Distance	Categories	Start Time	Awards ♦ M & F	Registration Fee ^{^*}
P'ayak 50	Loppet (Classic & Skate)	50 km	Open	10:00	Top 6 3 medal 3 ribbons	\$90 pre-reg \$100 early, then \$115
P'ayak 25	Loppet (Classic & Skate)	25 km	Open	10:20	Top 6 3 medals 3 ribbons	\$75 pre-reg \$85 early, then \$100
P'ayak 15	Loppet (Classic & Skate)	15 km	Open	10:40	Top 6 3 medals 3 ribbons	\$50 pre-reg \$60 early, then \$75
P'ayak Youth 15	Loppet (Classic & Skate)	15 km	13-17	10:40	13-15 16-17 3 medals	\$30 pre-reg \$40 early, then \$55
P'ayak Para 10K Sit Ski	Loppet	10 km	Open	10:45	Top 3 medals	\$30 pre-reg \$40 early, then \$55
P'ayak Mini	Loppet (Classic & Skate)	5 km	5-11	12:45	Cookie medals	\$10 pre-reg \$15 early, then \$30
P'ayak Mini Escort	Loppet (Classic & Skate)	5 km	Open	12:45		\$40 pre-reg \$50 early, then \$65

Pre-registration until midnight on December 31, 2022. Para-Nordic Standing receive \$15 discount.

Early Bird until midnight on January 31, 2023.

* Skiers will only be timed for the event & distance for which they have registered. If that distance is not completed, the skier will be considered as Did Not Finish. Start times are subject to change & will be listed in the start list.

All loppet skiers are eligible for draw prizes.

♦ PRIZING – Overall Male & Female: 50 km

1st \$500, \$400, \$300

Overall Male & Female: 25 km

1st \$400, 2nd \$300, 3rd \$200





- TRAIL PASSES:** Included in race entry fee.
- COURSE MAPS:** See: www.payak.ca/course for course maps and profiles. Courses subject to change.
- SNOW & WEATHER:** See: www.whistlerolympicpark.com/weather/forecast
- BIB PICK UP - SAT** Bibs and transponders can be picked up on February 25, 8:00 – 9:30 a.m. in the Technical Building, next to the Stadium area. Bibs will be available for Payak Mini until 12:15. Payak Mini entrants will not be timed.
- START LISTS:** We recommend that you check the confirmation list for this event to be sure you have registered correctly. Start lists will be available from the Race Office on the day of the event and posted online on Zone4 on Friday, February 24.
- FOOD / WATER:** For races of 15 km or more, there will be feed stations. Please see course maps. There will be a feed station in the stadium area, as well as on course.
- CUT-OFF TIME:** All skiers not reaching the 25 km point (stadium lap) in the 50 km event within 2.5 hours (12:30 pm) will not be allowed to continue.
- RESULTS:** Unofficial results will be posted outside the Race Office after the race. After the event, results will be available to review on Zone4.
- AWARDS:** Awards will be presented at the venue at the conclusion of the races.
- DRIVING TIMES:**
- | | |
|------------------|-------------|
| Whistler to WOP | 30 minutes |
| Squamish to WOP | 60 minutes |
| Vancouver to WOP | 120 minutes |
- These times are estimates only and may change due to weather and road or traffic conditions. Please allow at least 15 minutes to be processed through the entry gate.
- PARKING:** Please park in the designated lots as directed upon arrival. Parking is limited. Carpool if possible!
- FACILITIES:** For general venue facilities, see: www.whistlersportlegacies.com





ACCOMMODATION: **Squamish Lodging**
 EXECUTIVE SUITES GARIBALDI SPRINGS RESORT (Preferred Accommodation in Squamish) (Please ask for the 'Payak 2022' rate when booking)

- www.executivesuitesgaribaldi.com

Whistler Lodging
 ATHLETE'S VILLAGE: Whistler Athlete's Center Lodge (Preferred accommodation in Whistler – advise you are doing the Payak.)

- 1-604-964-0041
- lodge@whistlersportlegacies.com

HOSTELLING INTERNATIONAL: Whistler Canadian Hostel:

- 1-866-762-4122
- www.hihostels.ca/westerncanada/331/Hi-Whistler.hostel

TOURIST INFO: www.whistlerchamber.com
www.tourismwhistler.com
www.squamishchamber.com
www.tourismsquamish.com

TITLE SPONSOR

Coast Outdoors – British Columbia’s leading supplier of cross-country ski equipment and clothing.



<https://www.coastoutdoors.ca>

FIRST GOLD SPONSOR

Salomon – manufacturer and distributor of cross-country ski equipment and other sporting goods.

<http://www.salomon.com>

SALOMON





FIRST SILVER SPONSOR

Fischer – development, production, marketing and distribution of first-class skiing equipment.

<http://www.fischerskis.com>



SILVER SPONSORS

Swix – manufacturer and distributor of waxes and cross-country equipment.



<http://www.swixsport.com>

<https://www.nordicracers.ca/>

The Vancouver based Nordic Racers are proud to support the Payak volunteers



BRONZE SPONSORS





See our other great sponsors here:

<http://www.payak.ca/partners/>

PARTNERS

Executive Suites Garibaldi Springs Resort

Preferred accommodation in Squamish

www.executivesuitesgaribaldi.com

Cross Country BC

Provincial event sanctioning

www.crosscountrybc.ca

Nordiq Canada

National sport sanctioning body

www.nordiqcanada.ca

Whistler Sport Legacies

Event venue host - Managing 3 Olympic venues whilst inspiring and delivering sports excellence

www.whistlersportlegacies.com

Tourism Whistler

Non-profit organization marketing Whistler to the world, as the year-round mountain resort of choice.

www.whistler.com

